

# Community News

Local news and events that may be of interest to families

## Events 2024

### Activities for children

Drop-in sessions are £3.50, unless stated as free. We have lots of children's quizzes and activities in the museum plus run the following school holiday sessions.

**Spring Half Term**  
Sat 10 – Sat 17 Feb

**Music Fun**  
Around the museum, free



**Easter Holiday**  
Tue 2 – Sat 13 April  
**Easter Bunny Hunt**  
The mischievous Easter Bunny has hidden eggs around the museum. Help us find them all and claim your chocolatey prize. While you are here, why not make an Easter bunny garland to decorate your room.

**May Half Term**  
Mon 27 May – Sat 1 June

**Dance Diva**  
Wed 29 and Fri 31 May, 1.30–3pm,  
please book in advance  
Dance sessions with professionals.

**Summer Holidays**  
Sat 20 July – Sat 31 Aug

**It's a summer of Jurassic Wednesdays**  
Wed 31 Jul, Wed 7, 14, 21, 28 Aug, 11am–1.30pm,  
please book in advance



**October Half Term**  
Sat 26 Oct – Sun 3 Nov  
**Egyptian Mummy Water Bottles**  
Wed 30 Oct, 11am–1.30pm,  
please book in advance  
Make your own Halloween Mummy water bottles. Will look great on a Halloween snack table. All ages.

**Christmas Holidays**  
Sat 21 – Tue 24 Dec

**Crazy Christmas Crafts**  
11am–4pm, drop-in, free



Prince of Wales Walk

### Activities for all ages

**Exhibition Talks**  
Special exhibition tour and talk  
6–7.30pm, £3.50, please book in advance

**Wed 27 March – Motocross 100**  
**Thu 27 June – Elmhurst Ballet School**  
**Thu 13 Aug – Jurassic Surrey Heath**  
**Wed 30 Oct – Spooky Surrey Heath**  
**Thu 20 Feb (2024) – Professor Colonel Paterson**

### Historic Walks

6–7.30pm, £3.50, please book in advance  
**Wed 22 May – Camberley**  
**Wed 19 June – Bagshot**  
**Wed 17 July – Frimley**  
**Wed 21 Aug – York Town**  
**Tue 10 Sept – Chobham**  
**Thu 12 Sept – Windlesham**

### Heritage Open Days

Fri 6 – Sun 15 Sept  
Programme to be confirmed.  
Please see our website nearer the time.



## Volunteers Needed

Do you have parental experience? Could you spare 2-4 hours a week to help a local family in need? Our home visiting volunteers work alongside families to give compassionate and confidential support, tailored to each family. Full training and expert ongoing support given.

Courses starting throughout Surrey in Spring 2024, contact us today to register your interest.

[homestartsurrey.org](http://homestartsurrey.org)

01252 737453

[volunteers@homestartsurrey.org](mailto:volunteers@homestartsurrey.org)



Surrey Heath Museum and Gallery, 33 Obelisk Way, Camberley, Surrey GU15 3SG  
Tel: 01276 22771 | Email: [museum@surreyheath.gov.uk](mailto:museum@surreyheath.gov.uk)  
[www.e-voice.org.uk/surreyheathmuseum](http://www.e-voice.org.uk/surreyheathmuseum)  
Opening hours: Tuesday–Saturday, 11am–4.30pm. Free admission



## Parents of Autistic Children & Young People Group Health and Wellbeing Coaching

These two hour sessions are for parents and/or carers of autistic children and young people (0-25 years) registered to a Surrey Heath GP practice. These sessions will focus on your wellbeing as a parent/carer and any support you need. The sessions will cover:

- 16/04/24 - Relationships and Connections
- 30/04/24 - Boosting Wellbeing
- 14/05/24 - Resilience and Stress
- 04/06/24 - External Speaker
- 18/06/24 - Eating for Wellbeing
- 02/07/24 - Movement and Exercise

Sessions will start at 5 pm and you do not need to have a child with a diagnosis to join this group.

Sessions will be held in person in Surrey Heath and consist of six fortnightly group coaching sessions. Each meeting will be followed by peer support and/or external speakers.

Coaching helps you develop the knowledge, skills and confidence to become advocates for your own care.



To register your interest:

Scan the QR code

OR contact the Health and Wellbeing team by:

- Call: 0333 332 0013

- Email: [shcp.healthandwellbeing@nhs.net](mailto:shcp.healthandwellbeing@nhs.net)

